# Pipe Industry Health and Welfare Fund of Colorado

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#### SUPPORT IN THE FIGHT AGAINST COVID-19

As information continues to unfold about the coronavirus, be assured that you can count on your Plan to provide the support and benefits that you and your family need.

### No Deductible, Copays or Coinsurance for COVID-19 Testing

If you're showing symptoms or believe you have been exposed to the virus, we encourage you to take action. Testing for COVID-19 will be covered at 100% as a preventive service. In-network office visits, urgent care, and emergency room visits associated with COVID-19 testing will also be covered at 100%. We encourage you to use Cigna Open Access Plus (OAP) providers whenever possible. However, if you are tested at a non-network emergency room, your plan will also cover that test and visit at 100%. You will not pay a deductible, copay, or coinsurance. To find an innetwork provider near you, log onto www.mycigna.com or call 800-244-6224. Out-of-network office visits and urgent care visits continue to be subject to the out of network level of benefits.

#### **Access to Telehealth**

COVID-19 test-related screenings with telehealth services will also be at no cost to you for screening of COVID-19 symptoms. During this time of National Emergency, the Trustees have also waived the copay for all telehealth services. The waiver of the \$35 copay applies to both medical and behavioral health telehealth services. To access telehealth options online, visit **my.cigna.com** and select the **"Connect Now"** button on the home page to talk with a doctor or nurse any time day or night. Due to an increase in calls on COVID-19, our telehealth service partners are experiencing higher than normal wait times for their consultations over the phone and video.

### **Connect with your Employee Assistance Program (EAP)**

Situations, such as the COVID-19 outbreak can be stressful. It's normal to feel stressed because of a health crisis or traumatic event. If you need help managing life's stressors, use the Employee Assistance Program (EAP) provided through Cigna. The EAP provides up to 6 free visits per person per incident per year for professional, confidential counseling for you and your covered family members. Contact the EAP by calling 1-888-325-3978 or visit **my.cigna.com**.

## Stay Informed to Stay Healthy

As news and advice related to COVID-19 continues to evolve, we will send updates to answer questions you may have about your health care coverage. Note that your best source for the latest information about COVID-19 is the website of the Centers for Disease Control and Prevention (CDC) <a href="https://www.cdc.gov/coronavirus/2019-ncov/">www.cdc.gov/coronavirus/2019-ncov/</a>.